



# 7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

0000

Schmidt, Michael

000: 3:56:26

00: Steinhagen

00: 10.66 km/h

00: 659

0000: 5:36 min/km

00: 42.25 km

00000/000: 68 (of 148)

Marathon

00000/0: 67 (of 130)

000000: 2:45:50

0000:

00000: 16(of 28)

Senioren M40 (40-44 Jahre)

0000000: 2:51:44

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	18:00	5:32	23	5:12	92	5:44	3.25	18:00	5:32	13	1:01	71	5:12
00 2	3.25	17:07	5:15	17	3:43	80	4:29	6.50	35:07	5:24	13	0:35	71	8:55
00 3	3.25	17:18	5:19	18	4:17	82	4:47	9.75	52:25	5:22	13		71	12:08
00 4	3.25	18:11	5:35	21	5:14	91	5:40	13.00	1:10:36	5:25	13		71	15:48
00 5	3.25	18:11	5:35	23	5:03	89	5:34	16.25	1:28:47	5:27	13	0:08	71	18:56
00 6	3.25	18:22	5:39	22	5:27	87	5:44	19.50	1:47:09	5:29	13	0:40	71	20:27
00 7	3.25	18:27	5:40	21	5:09	81	5:47	22.75	2:05:36	5:31	13	1:47	71	20:56
00 8	3.25	18:32	5:42	18	5:14	76	5:55	26.00	2:24:08	5:32	13	2:36	70	18:14
00 9	3.25	19:07	5:52	18	5:55	77	6:24	29.25	2:43:15	5:34	13	3:38	70	20:24
00 10	3.25	19:22	5:57	17	5:57	66	6:33	32.50	3:02:37	5:37	13	4:50	68	21:59
00 11	3.25	19:45	6:04	15	6:31	62	6:43	35.75	3:22:22	5:39	13	6:06	68	22:13
00 12	3.25	17:24	5:21	6	3:57	22	4:00	39.00	3:39:46	5:38	13	4:18	67	19:45
000 00	3.25	16:40	5:07	7	16:23	22	16:23	42.25	3:56:26	5:35	17	2:11:29	72	3:36:15