



# 7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

□□□□

Unger, Thomas

□□: Lauftreff Arnstadt

□□: 542

□□: 42.25 km

Marathon

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 4:00:17

□□: 10.49 km/h

□□□□: 5:41 min/km

□□□□□/□□□: 73 (of 148)

□□□□□/□: 72 (of 130)

□□□□□□: 2:45:50

□□□□□: 14(of 28)

□□□□□□□: 2:59:43

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	16:41	5:08	11	3:57	65	4:25	3.25	16:41	5:08	1	-	42	3:53	
□□ 2	3.25	16:47	5:09	13	3:53	70	4:09	6.50	33:28	5:08	1	-	76	7:16	
□□ 3	3.25	17:10	5:16	15	3:57	78	4:39	9.75	50:38	5:11	1	-	76	10:21	
□□ 4	3.25	17:19	5:19	14	3:48	76	4:48	13.00	1:07:57	5:13	1	-	76	13:09	
□□ 5	3.25	17:41	5:26	14	4:10	76	5:04	16.25	1:25:38	5:16	1	-	76	15:47	
□□ 6	3.25	17:55	5:30	14	4:15	78	5:17	19.50	1:43:33	5:18	1	-	76	16:51	
□□ 7	3.25	17:58	5:31	14	4:15	72	5:18	22.75	2:01:31	5:20	1	-	76	16:51	
□□ 8	3.25	18:20	5:38	12	4:31	73	5:43	26.00	2:19:51	5:22	1	-	75	13:57	
□□ 9	3.25	18:25	5:40	12	4:25	65	5:42	29.25	2:38:16	5:24	1	-	75	15:25	
□□ 10	3.25	19:07	5:52	10	4:47	58	6:18	32.50	2:57:23	5:27	1	-	73	16:45	
□□ 11	3.25	20:09	6:11	14	5:31	67	7:07	35.75	3:17:32	5:31	1	-	73	17:23	
□□ 12	3.25	21:10	6:30	14	6:11	71	7:46	39.00	3:38:42	5:36	1	-	72	18:41	
□□□ □□	3.25	21:35	6:38	16	6:54	77	21:18	42.25	4:00:17	5:41	15	1:00:34	77	3:40:06	