



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

0000

Gebes, Norbert

00: Bad Lauchstädt

00: 587

00: 42.25 km

Marathon

0000:

Senioren M50 (50-54 Jahre)

000: 4:06:14

00: 10.30 km/h

0000: 5:50 min/km

00000/000: 81 (of 148)

00000/0: 79 (of 130)

000000: 2:45:50

00000: 14(of 21)

0000000: 3:05:18

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	15:53	4:53	8	2:40	58	3:37	3.25	15:53	4:53	9	1:53	83	3:05
00 2	3.25	16:35	5:06	11	3:15	67	3:57	6.50	32:28	4:59	9	3:38	83	6:16
00 3	3.25	16:58	5:13	11	3:40	72	4:27	9.75	49:26	5:04	9	5:26	53	9:09
00 4	3.25	17:18	5:19	13	3:51	75	4:47	13.00	1:06:44	5:08	9	7:20	83	11:56
00 5	3.25	17:47	5:28	13	4:01	78	5:10	16.25	1:24:31	5:12	9	9:51	83	14:40
00 6	3.25	18:24	5:39	16	4:34	88	5:46	19.50	1:42:55	5:16	9	12:47	83	16:13
00 7	3.25	18:31	5:41	14	4:32	83	5:51	22.75	2:01:26	5:20	9	15:05	83	16:46
00 8	3.25	19:09	5:53	16	4:56	87	6:32	26.00	2:20:35	5:24	9	16:54	82	14:41
00 9	3.25	19:59	6:08	15	5:18	86	7:16	29.25	2:40:34	5:29	9	16:52	82	17:43
00 10	3.25	21:03	6:28	15	6:13	87	8:14	32.50	3:01:37	5:35	9	16:27	80	20:59
00 11	3.25	22:17	6:51	14	7:09	92	9:15	35.75	3:23:54	5:42	9	14:35	80	23:45
00 12	3.25	21:14	6:31	13	5:18	72	7:50	39.00	3:45:08	5:46	9	10:40	79	25:07
000 00	3.25	21:06	6:29	14	5:44	73	20:49	42.25	4:06:14	5:49	14	1:00:56	84	3:46:03