



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

□□□□

Scholz, Anke

□□: Hamburg

□□: 678

□□: 42.25 km

Marathon

□□□□:

Seniorinnen W40 (40-44 Jahre)

□□□: 4:30:41

□□: 9.31 km/h

□□□□: 6:25 min/km

□□□□□/□□□: 116 (of 148)

□□□□□/□: 11 (of 18)

□□□□□□: 3:43:33

□□□□□: 1(of 2)

□□□□□□□: 4:30:41

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
□□ 1	3.25	20:16	6:14	1	-	14	4:04	3.25	20:16	6:14	1	-	8	2:25
□□ 2	3.25	20:21	6:15	2	0:50	13	3:49	6.50	40:37	6:14	1	-	8	4:28
□□ 3	3.25	20:07	6:11	2	0:51	13	3:22	9.75	1:00:44	6:13	1	-	8	5:51
□□ 4	3.25	20:08	6:11	2	0:35	12	3:26	13.00	1:20:52	6:13	1	-	8	6:40
□□ 5	3.25	20:22	6:15	2	0:26	11	3:49	16.25	1:41:14	6:13	1	-	8	7:27
□□ 6	3.25	20:55	6:26	2	0:33	14	3:59	19.50	2:02:09	6:15	1	-	8	8:34
□□ 7	3.25	20:03	6:10	1	-	5	1:49	22.75	2:22:12	6:15	1	-	8	8:16
□□ 8	3.25	20:51	6:24	1	-	7	3:44	26.00	2:43:03	6:16	1	-	8	8:02
□□ 9	3.25	21:22	6:34	1	-	8	3:54	29.25	3:04:25	6:18	1	-	8	7:45
□□ 10	3.25	21:28	6:36	1	-	6	3:21	32.50	3:25:53	6:20	1	-	8	7:05
□□ 11	3.25	21:05	6:29	1	-	4	3:23	35.75	3:46:58	6:20	1	-	8	4:58
□□ 12	3.25	21:20	6:33	1	-	5	3:27	39.00	4:08:18	6:22	1	-	8	2:50
□□□ □□	3.25	22:23	6:53	1	-	8	5:13	42.25	4:30:41	6:24	1	-	12	48:38