



# 7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

0000

Osswald, René

00: DLRG LG Potsdam

00: 546

00: 42.25 km

Marathon

0000:

Senioren M35 (35-39 Jahre)

000: 4:55:01

00: 8.54 km/h

0000: 6:59 min/km

00000/0000: 134 (of 148)

00000/0: 121 (of 130)

000000: 2:45:50

00000: 21(of 24)

0000000: 2:45:50

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	18:32	5:42	16	6:16	101	6:16	3.25	18:32	5:42	3	2:29	125	5:44
00 2	3.25	19:18	5:56	20	6:40	113	6:40	6.50	37:50	5:49	3	5:40	125	11:38
00 3	3.25	19:30	6:00	21	6:48	115	6:59	9.75	57:20	5:52	3	9:10	125	17:03
00 4	3.25	18:57	5:49	18	6:19	101	6:26	13.00	1:16:17	5:52	3	12:02	125	21:29
00 5	3.25	19:38	6:02	20	7:01	110	7:01	16.25	1:35:55	5:54	3	15:39	125	26:04
00 6	3.25	20:48	6:24	21	8:10	117	8:10	19.50	1:56:43	5:59	3	20:26	125	30:01
00 7	3.25	21:29	6:36	20	8:49	118	8:49	22.75	2:18:12	6:04	3	25:26	125	33:32
00 8	3.25	23:16	7:09	21	10:39	121	10:39	26.00	2:41:28	6:12	3	31:46	124	35:34
00 9	3.25	24:58	7:40	21	12:15	123	12:15	29.25	3:06:26	6:22	3	39:03	124	43:35
00 10	3.25	27:13	8:22	22	14:24	125	14:24	32.50	3:33:39	6:34	3	47:19	122	53:01
00 11	3.25	27:52	8:34	22	14:50	125	14:50	35.75	4:01:31	6:45	3	54:38	122	1:01:22
00 12	3.25	27:45	8:32	22	14:21	123	14:21	39.00	4:29:16	6:54	3	1:00:34	121	1:09:15
000 00	3.25	25:45	7:55	22	12:40	120	25:28	42.25	4:55:01	6:58	23	4:34:50	126	4:34:50