



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

0000

Trambo, Uwe

00: Peewee

00: 584

00: 42.25 km

Marathon

0000:

Senioren M35 (35-39 Jahre)

000: 5:02:54

00: 8.32 km/h

0000: 7:10 min/km

00000/000: 138 (of 148)

00000/0: 123 (of 130)

000000: 2:45:50

00000: 22(of 24)

0000000: 2:45:50

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	21:00	6:27	22	8:44	126	8:44	3.25	21:00	6:27	2	4:57	127	8:12
00 2	3.25	21:02	6:28	23	8:24	128	8:24	6.50	42:02	6:28	2	9:52	127	15:50
00 3	3.25	22:32	6:56	23	9:50	129	10:01	9.75	1:04:34	6:37	2	16:24	127	24:17
00 4	3.25	20:38	6:20	23	8:00	125	8:07	13.00	1:25:12	6:33	2	20:57	127	30:24
00 5	3.25	21:59	6:45	23	9:22	128	9:22	16.25	1:47:11	6:35	2	26:55	127	37:20
00 6	3.25	22:09	6:48	22	9:31	126	9:31	19.50	2:09:20	6:37	2	33:03	127	42:38
00 7	3.25	22:23	6:53	21	9:43	123	9:43	22.75	2:31:43	6:40	2	38:57	127	47:03
00 8	3.25	23:26	7:12	23	10:49	125	10:49	26.00	2:55:09	6:44	2	45:27	126	49:15
00 9	3.25	25:24	7:48	22	12:41	124	12:41	29.25	3:20:33	6:51	2	53:10	126	57:42
00 10	3.25	23:59	7:22	20	11:10	117	11:10	32.50	3:44:32	6:54	2	58:12	124	1:03:54
00 11	3.25	24:30	7:32	19	11:28	112	11:28	35.75	4:09:02	6:57	2	1:02:09	124	1:08:53
00 12	3.25	24:48	7:37	20	11:24	111	11:24	39.00	4:33:50	7:01	2	1:05:08	122	1:13:49
000 00	3.25	29:04	8:56	23	15:59	127	28:47	42.25	5:02:54	7:10	24	4:42:43	128	4:42:43