



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

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Möhle, Marion

□□: LT Hemsbach

□□: 566

□□: 42.25 km

Marathon

□□□□:

Seniorinnen W45 (45-49 Jahre)

□□□: 5:15:51

□□: 7.98 km/h

□□□□: 7:29 min/km

□□□□□/□□□: 141 (of 148)

□□□□□/□: 17 (of 18)

□□□□□□: 3:43:33

□□□□□: 7(of 8)

□□□□□□□: 4:06:44

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	20:59	6:27	8	4:47	17	4:47	3.25	20:59	6:27	8	0:50	2	3:08	
□□ 2	3.25	21:20	6:33	8	4:40	18	4:48	6.50	42:19	6:30	8	2:26	2	6:10	
□□ 3	3.25	21:46	6:41	8	4:58	18	5:01	9.75	1:04:05	6:34	8	4:39	2	9:12	
□□ 4	3.25	22:26	6:54	8	5:20	18	5:44	13.00	1:26:31	6:39	8	7:15	2	12:19	
□□ 5	3.25	22:44	6:59	8	5:22	17	6:11	16.25	1:49:15	6:43	8	8:53	2	15:28	
□□ 6	3.25	23:08	7:07	8	5:26	17	6:12	19.50	2:12:23	6:47	8	11:14	2	18:48	
□□ 7	3.25	24:23	7:30	8	5:32	18	6:09	22.75	2:36:46	6:53	8	14:23	2	22:50	
□□ 8	3.25	25:27	7:49	8	5:08	18	8:20	26.00	3:02:13	7:00	8	17:36	2	27:12	
□□ 9	3.25	25:40	7:53	8	5:04	18	8:12	29.25	3:27:53	7:06	8	18:59	2	31:13	
□□ 10	3.25	25:59	7:59	7	4:47	16	7:52	32.50	3:53:52	7:11	7	50:22	2	35:04	
□□ 11	3.25	27:12	8:22	7	6:02	17	9:30	35.75	4:21:04	7:18	7	55:55	2	39:04	
□□ 12	3.25	27:16	8:23	7	6:17	17	9:23	39.00	4:48:20	7:23	7	1:01:39	2	42:52	
□□□ □□	3.25	27:31	8:28	7	7:28	17	10:21	42.25	5:15:51	7:28	8	1:33:48	18	1:33:48	