



6. Lönskrug \"Warm-up-Marathon\" für Moutainbiker  
 Hellental (Gemeinde Heinade) / 14.04.2013

□□□□

Wacker, Andreas

□□□: 3:12:05

□□: RSC Rot Gold Bremen

□□: 19.05 km/h

□□: 326

□□: 61.20 km

□□□□□/□□□: 25 (of 33)

Langdistanz

□□□□□/□: 25 (of 31)

□□□□□□: 2:23:06

□□□□:

□□□□□: 8(of 11)

Senioren I

□□□□□□□: 2:29:54

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| □□□    | □□    | □□      | □□    | □□ | □□    | □□ | □□      | □□□   | □□□     | □□□   | □□ | □□    | □□ | □□    |
|--------|-------|---------|-------|----|-------|----|---------|-------|---------|-------|----|-------|----|-------|
|        | km    | □□      | km/h  | -  | -     | □  | □       | km    | □□      | km/h  | -  | -     | □  | □     |
| □□ 1   | 16.30 | 46:22   | 20.70 | 7  | 9:32  | 24 | 9:57    | 16.30 | 46:22   | 20.70 | 8  | 9:32  | 7  | 2:22  |
| □□ 2   | 20.40 | 1:03:21 | 18.94 | 8  | 13:02 | 25 | 14:57   | 36.70 | 1:49:43 | 19.69 | 8  | 22:34 | 7  | 8:33  |
| □□ 3   | 20.40 | 1:09:36 | 17.24 | 9  | 17:22 | 26 | 1:09:30 | 57.10 | 2:59:19 | 19.07 | 8  | 39:56 | 7  | 15:55 |
| □□□ □□ | 4.10  | 12:46   | 18.80 | 7  | 2:23  | 21 | 3:56    | 61.20 | 3:12:05 | 19.05 | 8  | 42:11 | 25 | 48:59 |