



6. Lönskrug \"Warm-up-Marathon\" für Moutainbiker
 Hellental (Gemeinde Heinade) / 14.04.2013

□□□□

Wacker, Andreas

□□□: 3:12:05

□□: RSC Rot Gold Bremen

□□: 19.05 km/h

□□: 326

□□: 61.20 km

□□□□□/□□□: 25 (of 33)

Langdistanz

□□□□□/□: 25 (of 31)

□□□□□□: 2:23:06

□□□□:

□□□□□: 8(of 11)

Senioren I

□□□□□□□: 2:29:54

□□□□

□□□□

□□□

□□□	□□	□□	□□	□□	□□	□□	□□	□□□	□□□	□□□	□□	□□	□□	□□
	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
□□ 1	16.30	46:22	20.70	7	9:32	24	9:57	16.30	46:22	20.70	8	9:32	7	2:22
□□ 2	20.40	1:03:21	18.94	8	13:02	25	14:57	36.70	1:49:43	19.69	8	22:34	7	8:33
□□ 3	20.40	1:09:36	17.24	9	17:22	26	1:09:30	57.10	2:59:19	19.07	8	39:56	7	15:55
□□□ □□	4.10	12:46	18.80	7	2:23	21	3:56	61.20	3:12:05	19.05	8	42:11	25	48:59