



6. Lönskrug \"Warm-up-Marathon\" für Moutainbiker  
 Hellental (Gemeinde Heinade) / 14.04.2013

□□□□

Brandes, Christian

□□□: 2:04:55

□□: Hillerse

□□: 19.60 km/h

□□: 356

□□: 40.80 km

□□□□□/□□□: 44 (of 74)

Mitteldistanz

□□□□□/□: 43 (of 68)

□□□□□□: 1:35:43

□□□□:

□□□□□: 20(of 33)

Senioren I

□□□□□□□: 1:41:02

□□□□

□□□□

□□□

| □□□    | □□<br>km | □□<br>□□ | □□<br>km/h | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□     | □□□   | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|--------|----------|----------|------------|---------|---------|---------|---------|-------|---------|-------|---------|---------|---------|---------|
| □□ 1   | 16.30    | 47:37    | 20.54      | 18      | 8:54    | 42      | 10:20   | 16.30 | 47:37   | 20.54 | 13      | 1:12    | 12      |         |
| □□ 2   | 20.40    | 1:04:28  | 18.99      | 20      | 12:09   | 43      | 1:04:22 | 36.70 | 1:52:05 | 19.65 | 13      | 3:48    | 12      |         |
| □□□ □□ | 4.10     | 12:50    | 19.17      | 19      | 2:58    | 36      | 3:04    | 40.80 | 2:04:55 | 19.60 | 20      | 23:53   | 44      | 57:16   |