



# 6. Lönskrug \"Warm-up-Marathon\" für Moutainbiker Hellental (Gemeinde Heinade) / 14.04.2013

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Steppat, Andreas

□□□: 2:07:40

□□: MTB RACE TEAM HÖXTER

□□: 18.80 km/h

□□: 47

□□: 40.80 km

□□□□□/□□□: 47 (of 74)

Mitteldistanz

□□□□□/□: 44 (of 68)

□□□□□□: 1:35:43

□□□□:

□□□□□: 21(of 33)

Senioren I

□□□□□□□: 1:41:02

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	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
□□ 1	16.30	48:02	19.99	20	9:19	44	10:45	16.30	48:02	19.99	12	1:37	13	
□□ 2	20.40	1:06:39	18.00	21	14:20	47	1:06:33	36.70	1:54:41	18.83	12	6:24	13	
□□□ □□	4.10	12:59	18.49	20	3:07	37	3:13	40.80	2:07:40	18.80	21	26:38	45	1:00:01