



6. Lönskrug \"Warm-up-Marathon\" für Moutainbiker
 Hellental (Gemeinde Heinade) / 14.04.2013

□□□□

Steppat, Andreas

□□□: 2:07:40

□□: MTB RACE TEAM HÖXTER

□□: 18.80 km/h

□□: 47

□□: 40.80 km

□□□□□/□□□: 47 (of 74)

Mitteldistanz

□□□□□/□: 44 (of 68)

□□□□□□: 1:35:43

□□□□:

□□□□□: 21(of 33)

Senioren I

□□□□□□□: 1:41:02

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| □□□ | □□ | □□ | □□ | □□ | □□ | □□ | □□ | □□□ | □□□ | □□□ | □□ | □□ | □□ | □□ |
|--------|-------|---------|-------|----|-------|----|---------|-------|---------|-------|----|-------|----|---------|
| | km | □□ | km/h | - | - | □ | □ | km | □□ | km/h | - | - | □ | □ |
| □□ 1 | 16.30 | 48:02 | 19.99 | 20 | 9:19 | 44 | 10:45 | 16.30 | 48:02 | 19.99 | 12 | 1:37 | 13 | |
| □□ 2 | 20.40 | 1:06:39 | 18.00 | 21 | 14:20 | 47 | 1:06:33 | 36.70 | 1:54:41 | 18.83 | 12 | 6:24 | 13 | |
| □□□ □□ | 4.10 | 12:59 | 18.49 | 20 | 3:07 | 37 | 3:13 | 40.80 | 2:07:40 | 18.80 | 21 | 26:38 | 45 | 1:00:01 |