



## 8. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 27.04.2013

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Lappe, Rolf

□□□: 2:43:17

□□: AS Neukirchen-Vluyn

□□: 6.61 km/h

□□: 2011

□□: 18.00 km

□□□□□□: 712

□□□□: 28.68

Nordic Walking

□□□□: 190 □