



# 8. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 27.04.2013

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Schulze-Tenberge, Ruth

□□□: 2:27:15

□□: SV Lembeck

□□: 7.33 km/h

□□: 2034

□□□□□□: 712

□□: 18.00 km

□□□□: 28.68

Nordic Walking

□□□□: 210 □