



# 8. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 27.04.2013

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**Bruns, Heike**

□□□: 1:53:33

□□: TV Beckum Wersewalker

□□: 6.87 km/h

□□: 1057

□□□□□□: 442

□□: 13.00 km

□□□□: 19.63

Nordic Walking

□□□□: 135 □