



5. Bad Harzburger MTB Marathon

Bad Harzburg / 28.04.2013

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Helmker, Frank

□□□: 3:22:04

□□: Focus Rapiro Racing

□□: 16.93 km/h

□□: 3196

□□: 57.00 km

□□□□□/□□□: 49 (of 171)

Hauptrennen Harzer MTB-Cup - 3 Runden

□□□□□/□: 49 (of 159)

□□□□□□: 2:41:06

□□□□:

□□□□□: 3(of 13)

Senioren 2

□□□□□□□: 3:17:23

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	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
□□ 1	19.00	1:02:59	18.10	4	53:12	65	59:23	19.00	1:02:59	18.10	4	53:12	56	0:52
□□ 2	19.00	1:08:42	16.59	4	4:21	55	14:25	38.00	2:11:41	17.31	3	3:43	51	2:06
□□□ □□	19.00	1:10:23	16.20	4	10:23	46	14:47	57.00	3:22:04	16.93	3	4:41	49	40:58