



5. Bad Harzburger MTB Marathon

Bad Harzburg / 28.04.2013

□□□□

Elsner, Ralf

□□□: 3:26:59

□□: RSV 23 Braunschweig

□□: 16.52 km/h

□□: 3029

□□: 57.00 km

□□□□□/□□□: 59 (of 171)

Hauptrennen Harzer MTB-Cup - 3 Runden

□□□□□/□: 58 (of 159)

□□□□□□: 2:41:06

□□□□:

□□□□□: 21(of 61)

Senioren

□□□□□□□: 2:55:41

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	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
□□ 1	19.00	1:04:03	17.80	21	58:35	71	1:00:27	19.00	1:04:03	17.80	50	-	66	1:56
□□ 2	19.00	1:10:24	16.19	25	11:59	66	16:07	38.00	2:14:27	16.96	43	-	53	4:52
□□□ □□	19.00	1:12:32	15.72	18	10:43	52	16:56	57.00	3:26:59	16.52	21	31:18	58	45:53