



5. Bad Harzburger MTB Marathon

Bad Harzburg / 28.04.2013

□□□□

Plambeck, Lars

□□□: 3:55:26

□□: Mölln

□□: 14.53 km/h

□□: 3106

□□: 57.00 km

□□□□□/□□□: 100 (of 171)

Hauptrennen Harzer MTB-Cup - 3 Runden

□□□□□/□: 97 (of 159)

□□□□□□: 2:41:06

□□□□:

□□□□□: 53(of 85)

Herren

□□□□□□□: 2:41:06

□□□□

□□□□

□□□

□□□	□□	□□	□□	□□	□□	□□	□□	□□□	□□□	□□□	□□	□□	□□	□□
	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
□□ 1	19.00	1:11:33	15.93	66	1:07:57	118	1:07:57	19.00	1:11:33	15.93	11	2:06	106	9:26
□□ 2	19.00	1:20:19	14.19	56	26:02	104	26:02	38.00	2:31:52	15.01	31	17:13	101	22:17
□□□ □□	19.00	1:23:34	13.64	50	27:58	94	27:58	57.00	3:55:26	14.53	53	1:14:20	97	1:14:20