



5. Bad Harzburger MTB Marathon

Bad Harzburg / 28.04.2013

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Wenzel, Helmut

□□□: 4:10:41

□□: Fitness-Studio Wedemark

□□: 13.64 km/h

□□: 3155

□□: 57.00 km

□□□□□/□□□: 111 (of 171)

Hauptrennen Harzer MTB-Cup - 3 Runden

□□□□□/□: 106 (of 159)

□□□□□□: 2:41:06

□□□□:

□□□□□: 10(of 13)

Senioren 2

□□□□□□□: 3:17:23

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	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
□□ 1	19.00	1:54:12	9.98	13	1:44:25	145	1:50:36	19.00	1:54:12	9.98	11	1:44:25	114	52:05
□□ 2	19.00	1:16:29	14.91	9	12:08	94	22:12	38.00	3:10:41	11.96	10	1:02:43	109	1:01:06
□□□ □□	19.00	1:00:00	19.00	1	-	7	4:24	57.00	4:10:41	13.64	10	53:18	106	1:29:35