



# 7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch

Bödefeld / 11.05.2013

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**Stader, Claudia**

□□: Team Campana

□□: 3086

Enduro U13

□□□□:

Seniorinnen W40

□□□: 10:26:24

□□: - km/h

□□□□: 6:12 min/km

□□□□□/□□□: 9 (of 79)

□□□□□/□: 2 (of 14)

□□□□□□: 9:49:17

□□□□□: 1(of 2)

□□□□□□□: 10:26:24

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| □□□             | □□    | □□      | □□     | □□ | □□ | □□ | □□    | □□□   | □□□      | □□□    | □□ | □□ | □□ | □□    |
|-----------------|-------|---------|--------|----|----|----|-------|-------|----------|--------|----|----|----|-------|
|                 | km    | □□      | min/km | -  | -  | □  | □     | km    | □□       | min/km | -  | -  | □  | □     |
| Nasse Wiese     | 19.50 | 1:59:51 | 6:08   | 1  | -  | 2  | 2:08  | 19.50 | 1:59:51  | 6:08   | 1  | -  | 2  | 2:08  |
| Kühude          | 20.50 | 2:00:26 | 5:52   | 1  | -  | 2  | 5:24  | 40.00 | 4:00:17  | 6:00   | 1  | -  | 2  | 7:32  |
| Rhein-Weser-Tur | 17.00 | 1:47:05 | 6:17   | 1  | -  | 4  | 11:13 | 57.00 | 5:47:22  | 6:05   | 1  | -  | 2  | 18:45 |
| Kühude          | 17.00 | 1:47:19 | 6:18   | 1  | -  | 2  | 9:33  | 74.00 | 7:34:41  | 6:08   | 1  | -  | 2  | 28:18 |
| Nasse Wiese     | 20.50 | 2:13:17 | 6:30   | 1  | -  | 2  | 2:45  | 94.50 | 9:47:58  | 6:13   | 1  | -  | 2  | 31:03 |
| □□              | 6.50  | 38:26   | 5:54   | 1  | -  | 3  | 6:04  | -     | 10:26:24 | -      | 1  | -  | 2  | 37:07 |