



14. Harzer MTB-Event  
Altenau (Oberharz) / 12.05.2013

□□□□

Krage, Astrid

□□□: 3:22:25

□□: MBC Hannover e.V.

□□: 11.56 km/h

□□: 44

□□: 39.70 km

□□□□□/□□□: 145 (of 160)

Marathon Kurzdistanz

□□□□□/□: 13 (of 16)

□□□□□□: 2:01:01

□□□□:

□□□□□: 10(of 12)

Damen

□□□□□□□: 2:01:01

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Bergwertung Anf	7.70	29:43	14.13	11	12:15	15	12:15	7.70	29:43	14.13	10	12:15	13	12:15
Bergwertung Enc	2.00	15:35	7.70	11	6:03	13	6:03	9.70	45:18	11.92	10	18:18	13	18:18
Trailwertung Anf	20.20	1:41:57	11.77	11	40:49	15	40:49	29.90	2:27:15	11.82	10	59:07	13	59:07
Trailwertung End	1.20	7:22	8.14	9	2:22	11	2:22	31.10	2:34:37	12.03	10	1:01:29	13	1:01:29
Runde	8.60	47:48	10.04	10	19:55	13	19:55	39.70	3:22:25	11.56	10	1:21:24	13	1:21:24