



14. Harzer MTB-Event

Altenau (Oberharz) / 12.05.2013

□□□□

Menkens, Jan

□□: Velo-Sport Göttingen

□□: 283

□□: 79.40 km

Marathon Mitteldistanz

□□□□:

Senioren

□□□: 4:04:22

□□: 19.40 km/h

□□□□□/□□□: 32 (of 128)

□□□□□/□: 32 (of 121)

□□□□□□: 3:14:04

□□□□□: 11(of 49)

□□□□□□□: 3:28:07

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Bergwertung Anf	7.70	16:37	25.28	10	1:54	38	2:16	7.70	16:37	25.28	2	-	68	1:26
Bergwertung Enc	2.00	8:54	13.48	11	1:16	37	2:10	9.70	25:31	21.16	2	-	70	1:49
Trailwertung Anf	20.20	55:05	21.79	7	4:51	26	7:10	29.90	1:20:36	21.59	13	-	65	0:13
Trailwertung End	1.20	4:44	12.68	19	1:05	54	1:37	31.10	1:25:20	21.80	13	-	64	0:48
Runde	8.80	28:45	16.70	25	6:02	67	8:12	39.90	1:54:05	20.51	46	-	59	
Bergwertung Anf	7.50	19:47	21.23	18	3:25	46	4:06	47.40	2:13:52	21.07	36	-	75	
Bergwertung Enc	2.00	9:58	12.04	11	1:41	29	2:04	49.40	2:23:50	20.44	36	-	75	
Trailwertung Anf	20.20	1:04:51	18.50	13	11:07	40	55:26	69.60	3:28:41	19.84	24	-	71	
Trailwertung End	1.20	5:50	10.29	24	1:42	60	2:07	70.80	3:34:31	19.58	24	-	71	
Runde	8.60	29:51	16.08	14	4:30	40	7:56	79.40	4:04:22	19.40	11	36:15	32	50:18