



# 14. Harzer MTB-Event

Altenau (Oberharz) / 12.05.2013

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Denecke, Helge

□□: Team Gegenstrom

□□: 346

□□: 79.40 km

Marathon Mitteldistanz

□□□□:

Herren

□□□: 4:55:22

□□: 16.05 km/h

□□□□□/□□□: 70 (of 128)

□□□□□/□: 68 (of 121)

□□□□□□: 3:14:04

□□□□□: 33(of 56)

□□□□□□□: 3:14:04

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Bergwertung Anf	7.70	19:25	21.63	44	5:04	82	5:04	7.70	19:25	21.63	23	2:42	109	4:14
Bergwertung Enc	2.00	24:58	4.81	56	18:14	121	18:14	9.70	44:23	12.17	23	18:04	109	20:41
Trailwertung Anf	20.20	1:02:56	19.07	36	15:01	69	15:01	29.90	1:47:19	16.21	22	22:54	104	26:56
Trailwertung End	1.20	5:20	11.25	42	2:13	84	2:13	31.10	1:52:39	16.51	21	23:32	103	28:07
Runde	8.80	30:29	15.75	41	9:56	80	9:56	39.90	2:23:08	16.35	20	33:55	98	19:22
Bergwertung Anf	7.50	24:34	17.10	39	8:53	76	8:53	47.40	2:47:42	16.82	16	7:33	37	28:24
Bergwertung Enc	2.00	14:49	8.10	41	6:55	88	6:55	49.40	3:02:31	16.11	16	11:19	37	31:13
Trailwertung Anf	20.20	1:14:45	16.05	31	1:05:20	64	1:05:20	69.60	4:17:16	16.09	16	17:54	35	30:15
Trailwertung End	1.20	5:55	10.14	31	2:12	62	2:12	70.80	4:23:11	15.96	15	18:27	35	29:29
Runde	8.60	32:11	14.91	28	10:16	55	10:16	79.40	4:55:22	16.05	33	1:41:18	68	1:41:18