



bewegungs-WELT bike-marathon

Arnstadt-Siegelbach / 12.05.2013

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Zentgraf, Rene

00: Arnstadt

00: 255

00: 57.00 km

Ambitioniert

0000:

Senioren 2

000: 3:49:20

00: 14.91 km/h

0000: 4:01 min/km

00000/000: 25 (of 29)

00000/0: 23 (of 27)

000000: 2:38:51

00000: 6(of 7)

0000000: 3:11:07

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schleife A	21.90	1:24:16	3:50	7	17:32	25	26:22	21.90	1:24:16	3:50	7	9:54	4	17:32
Schleife A	13.00	52:15	4:01	6	8:53	23	16:07	34.90	2:16:31	3:54	6	26:25	4	22:38
Schleife A	22.00	1:32:29	4:12	5	11:49	22	28:13	56.90	3:49:00	4:01	6	38:14	4	35:33
00	0.10	0:20	3:19	1	-	16	0:06	57.00	3:49:20	4:01	6	38:13	23	1:10:29