



Rattmann, Ellen

□□: FSV 1950 Gotha

□□: 284

□□: 14.00 km Hauptlauf

Seniorinnen W45 (45-49 Jahre)

□□□: 1:21:17

□□: 10.33 km/h

□□□: 5:49 min/km

______: 150 (of 256)

____/_: 22 (of 71)

[][][]: 1:01:31

□□□□: 6(of 19)

____: 1:07:47

	km		min/km	-	-			km		min/km	-	-		
Posten	7.50	48:58	6:31	6	8:16	21	11:42	7.50	48:58	6:31	14		68	
	6.50	32:19	4:58	7	5:14	25	8:04	14.00	1:21:17	5:48	6	13:30	22	19:46