



Rothkegel, Ilona

□□: Erfurt
□□: 98

□□: 14.00 km Hauptlauf

Seniorinnen W65 (65-69 Jahre)

□□□: 1:23:54

□□: 10.01 km/h

□□□: 5:59 min/km

_____: 170 (of 256)

____/_: 30 (of 71)

[][][]: 1:01:31

□□□□: 1(of 1)

0000000: 1:23:54

	km		min/km	-	-			km		min/km	-	-		
Posten	7.50	50:34	6:44	1	-	29	13:18	7.50	50:34	6:44	1	-	61	
	6.50	33:20	5:07	1	-	32	9:05	14.00	1:23:54	5:59	1	-	30	22:23