



3. Sparkasse Charity Triathlon Büdingen Büdingen / 16.06.2013

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Presslie, George

□□□: 2:03:55

□□: Petersberg

□□: 17.92 km/h

□□: 230

□□□□: 3:20 min/km

□□: 37.25 km

□□□□□/□□□□: 30 (of 40)

Jedermann-Triathlon Power-Distanz (0,75-29,0-7,5) □□□□□: 26 (of 31)

□□□□□□: 1:28:18

□□□□:

□□□□□: 9(of 9)

Senioren 2 MK45

□□□□□□□: 1:36:15

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Schwimmen | 0.75 | 23:41 | 31:34 | 9 | 7:43 | 28 | 10:04 | 0.75 | 23:41 | 31:34 | 9 | 6:37 | 7 | 7:43 |
| Zwischen Rad 1 | - | 12:25 | - | 6 | 0:53 | 19 | 2:32 | 0.75 | 36:06 | - | 9 | 6:56 | 7 | 7:36 |
| Zwischen Rad 2 | - | 7:07 | - | 7 | 0:44 | 23 | 1:23 | 0.75 | 43:13 | - | 9 | 7:39 | 7 | 7:59 |
| Zwischen Rad 1 | - | 9:46 | - | 4 | 0:29 | 17 | 1:43 | 0.75 | 52:59 | - | 9 | 8:00 | 7 | 7:23 |
| Zwischen Rad 2 | - | 6:57 | - | 6 | 0:20 | 20 | 1:11 | 0.75 | 59:56 | - | 9 | 8:20 | 7 | 7:31 |
| Zwischen Rad 1 | - | 10:03 | - | 4 | 0:41 | 17 | 1:57 | 0.75 | 1:09:59 | - | 9 | 8:53 | 7 | 7:03 |
| Zwischen Rad 2 | - | 6:36 | - | 1 | - | 14 | 0:48 | 0.75 | 1:16:35 | - | 9 | 8:49 | 7 | 6:49 |
| Rad | 29.00 | 3:40 | 0:07 | 5 | 0:36 | 16 | 1:10 | 29.75 | 1:20:15 | 2:41 | 9 | 9:25 | 7 | 6:23 |
| Zwischen Lauf 1 | - | 13:58 | - | 9 | 2:54 | 30 | 5:00 | 29.75 | 1:34:13 | - | 9 | 12:19 | 7 | 8:27 |
| Zwischen Lauf 2 | - | 1:59 | - | 9 | 1:13 | 28 | 1:53 | 29.75 | 1:36:12 | - | 8 | 13:18 | 7 | 8:29 |
| Zwischen Lauf 3 | - | 1:12 | - | 4 | 0:31 | 10 | 1:01 | 29.75 | 1:37:24 | - | 9 | 12:50 | 7 | 9:00 |
| Zwischen Lauf 2 | - | 7:37 | - | 9 | 1:58 | 30 | 2:48 | 29.75 | 1:45:01 | - | 9 | 13:25 | 7 | 10:21 |
| Strafzeit | - | fehlt! | - | - | - | - | - | 29.75 | - | - | - | - | - | - |
| Lauf | 7.50 | 18:54 | 2:31 | 9 | 14:15 | 29 | 14:15 | 37.25 | 2:03:55 | 3:19 | 9 | 27:40 | 26 | 35:37 |