



3. Sparkasse Charity Triathlon Büdingen

Büdingen / 16.06.2013

0000

Lenz, Karsten

000: 2:29:28

00: Petersberg

00: 19.27 km/h

00: 323

0000: 3:03 min/km

00: 48.95 km

00000/000: 41 (of 60)

Jedermann-Triathlon Olympische Distanz (0.95-38.00-10.00) 38.00-10.00

000000: 1:53:51

0000:

00000: 9(of 12)

Senioren 2 MK45

0000000: 2:05:35

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|-----------------|-------|--------|--------|----|------|----|-------|-------|---------|--------|----|-------|----|---------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| Schwimmen | 0.95 | 26:42 | 28:06 | 10 | 7:20 | 46 | 11:52 | 0.95 | 26:42 | 28:06 | 4 | 2:13 | 54 | 2:28 |
| Zwischen Rad 1 | - | 12:10 | - | 11 | 2:04 | 36 | 2:17 | 0.95 | 38:52 | - | 4 | 4:17 | 54 | 3:09 |
| Zwischen Rad 2 | - | 6:42 | - | 12 | 0:49 | 43 | 1:07 | 0.95 | 45:34 | - | 4 | 5:06 | 54 | 3:09 |
| Zwischen Rad 1 | - | 10:05 | - | 11 | 1:52 | 42 | 2:16 | 0.95 | 55:39 | - | 4 | 6:58 | 53 | 3:48 |
| Zwischen Rad 2 | - | 6:50 | - | 11 | 0:57 | 44 | 1:17 | 0.95 | 1:02:29 | - | 4 | 7:52 | 53 | 3:43 |
| Zwischen Rad 1 | - | 10:02 | - | 11 | 1:57 | 39 | 2:11 | 0.95 | 1:12:31 | - | 4 | 9:49 | 10 | 4:20 |
| Zwischen Rad 2 | - | 6:51 | - | 11 | 1:05 | 44 | 1:11 | 0.95 | 1:19:22 | - | 4 | 10:46 | 53 | 4:25 |
| Zwischen Rad 1 | - | 10:18 | - | 12 | 2:06 | 46 | 2:22 | 0.95 | 1:29:40 | - | 4 | 12:52 | 53 | 5:22 |
| Zwischen Rad 2 | - | 6:53 | - | 12 | 1:04 | 46 | 1:14 | 0.95 | 1:36:33 | - | 4 | 13:50 | 53 | 5:26 |
| Rad | 38.00 | 3:20 | 0:05 | 3 | 0:31 | 13 | 0:55 | 38.95 | 1:39:53 | 2:33 | 4 | 14:21 | 53 | 5:38 |
| Zwischen Lauf 1 | - | 12:03 | - | 7 | 2:05 | 34 | 2:42 | 38.95 | 1:51:56 | - | 4 | 16:19 | 52 | 6:19 |
| Zwischen Lauf 3 | - | 2:44 | - | 8 | 0:37 | 37 | 0:40 | 38.95 | 1:54:40 | - | 4 | 16:47 | 52 | 6:28 |
| Zwischen Lauf 2 | - | 6:22 | - | 7 | 1:17 | 33 | 1:26 | 38.95 | 2:01:02 | - | 4 | 17:52 | 52 | 6:40 |
| Zwischen Lauf 3 | - | 5:58 | - | 7 | 1:14 | 29 | 1:27 | 38.95 | 2:07:00 | - | 4 | 18:44 | 52 | 1:06 |
| Zwischen Lauf 2 | - | 6:26 | - | 7 | 1:24 | 31 | 1:32 | 38.95 | 2:13:26 | - | 4 | 19:38 | 52 | 1:00 |
| Zwischen Lauf 3 | - | 6:00 | - | 6 | 1:19 | 27 | 1:25 | 38.95 | 2:19:26 | - | 4 | 20:24 | 52 | 1:02 |
| Zwischen Lauf 2 | - | 6:25 | - | 7 | 1:27 | 32 | 6:21 | 38.95 | 2:25:51 | - | 4 | 21:14 | 52 | 1:05 |
| Strafzeit | - | fehlt! | - | - | - | - | - | 38.95 | - | - | - | - | - | - |
| Lauf | 10.00 | 3:37 | 0:21 | 6 | 0:43 | 29 | 1:52 | 48.95 | 2:29:28 | 3:03 | 9 | 23:53 | 40 | 1:54:44 |