



# 15. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 22.06.2013

□□□□

Günters Männer

□□□: 10:18:23

□□: 100

□□: 16.59 km/h  
□□□□: 3:37 min/km

□□: 171.30 km

Blankenstein-Hörschel

□□□□□: 1 (of 236)

□□□□□□: 10:18:23

□□□□:

□□□□□: 1(of 156)

Männerstaffel

□□□□□□□: 10:18:23

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.20	1:02:40	3:38	2	0:02	2	0:02	17.20	1:02:40	3:38	1	-	1	-
Schildwiese	20.10	1:09:54	3:28	2	1:58	3	3:32	37.30	2:12:34	3:33	1	-	1	-
Neuhaus	15.50	59:02	3:48	1	-	1	-	52.80	3:11:36	3:37	1	-	1	-
Masserberg	19.80	1:03:23	3:12	2	0:06	2	0:06	72.60	4:14:59	3:30	1	-	1	-
Allzunah	16.80	1:06:12	3:56	3	19:12	3	19:12	89.40	5:21:11	3:35	1	-	1	-
Grenzdler	19.80	1:13:50	3:43	1	-	3	2:01	109.20	6:35:01	3:37	1	-	1	-
Neue Ausspanne	13.80	50:32	3:39	2	0:18	2	0:18	123.00	7:25:33	3:37	1	-	1	-
Kleiner Inselsber	13.90	51:22	3:41	2	1:15	2	1:15	136.90	8:16:55	3:37	1	-	1	-
Hohe Sonne	19.70	1:07:30	3:25	1	-	1	-	156.60	9:24:25	3:36	1	-	1	-
Hörschel	14.70	53:58	3:40	1	-	1	-	171.30	10:18:23	3:36	1	-	1	-