



15. Rennsteig-Staffellauf

Blankenstein bis Hirschel / 22.06.2013

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Tandem Turbine/ Vogtlandwerkstätten □□□: 14:56:42

□□: 169

□□: 171.30 km

Blankenstein-Hirschel

□□□□:

Männerstaffel

□□: 11.44 km/h

□□□□: 5:14 min/km

□□□□□: 118 (of 236)

□□□□□□: 10:18:23

□□□□□: 95(of 156)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.20	1:19:16	4:36	33	16:38	46	16:38	17.20	1:19:16	4:36	93	16:36	131	16:36
Schildwiese	20.10	1:29:41	4:27	50	21:45	68	23:19	37.30	2:48:57	4:31	93	36:23	131	36:23
Neuhaus	15.50	1:29:17	5:45	107	30:15	138	30:15	52.80	4:18:14	4:53	93	1:06:38	131	1:06:38
Masserberg	19.80	1:32:09	4:39	97	28:52	126	28:52	72.60	5:50:23	4:49	93	1:35:24	131	1:35:24
Allzunah	16.80	1:35:25	5:40	91	48:25	123	48:25	89.40	7:25:48	4:59	93	2:04:37	131	2:04:37
Grenzdler	19.80	1:54:37	5:47	136	40:47	200	42:48	109.20	9:20:25	5:07	93	2:45:24	131	2:45:24
Neue Ausspanne	13.80	1:16:18	5:31	110	26:04	140	26:04	123.00	10:36:43	5:10	93	3:11:10	131	3:11:10
Kleiner Inselsber	13.90	1:19:26	5:42	118	29:19	147	29:19	136.90	11:56:09	5:13	93	3:39:14	131	3:39:14
Hohe Sonne	19.70	1:40:01	5:04	104	32:31	139	32:31	156.60	13:36:10	5:12	93	4:11:45	131	4:11:45
Hirschel	14.70	1:20:32	5:28	89	26:34	114	26:34	171.30	14:56:42	5:14	95	4:38:19	118	4:38:19