



# 15. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 22.06.2013

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TSV Youngsters

□□□: 12:03:50

□□: 247

□□: 14.17 km/h

□□□□: 4:14 min/km

□□: 171.30 km

Blankenstein-Hörschel

□□□□□: 8 (of 236)

□□□□□□: 10:18:23

□□□□:

□□□□□: 7(of 156)

Männerstaffel

□□□□□□□: 10:18:23

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.20	1:12:03	4:11	10	9:25	17	9:25	17.20	1:12:03	4:11	7	9:23	15	9:23
Schildwiese	20.10	1:22:06	4:05	14	14:10	21	15:44	37.30	2:34:09	4:07	7	21:35	15	21:35
Neuhaus	15.50	1:15:23	4:51	28	16:21	36	16:21	52.80	3:49:32	4:20	7	37:56	15	37:56
Masserberg	19.80	1:17:36	3:55	13	14:19	21	14:19	72.60	5:07:08	4:13	7	52:09	15	52:09
Allzunah	16.80	1:18:10	4:39	11	31:10	14	31:10	89.40	6:25:18	4:18	7	1:04:07	15	1:04:07
Grenzdler	19.80	1:17:38	3:55	4	3:48	6	5:49	109.20	7:42:56	4:14	7	1:07:55	15	1:07:55
Neue Ausspanne	13.80	56:11	4:04	5	5:57	6	5:57	123.00	8:39:07	4:13	7	1:13:34	15	1:13:34
Kleiner Inselsber	13.90	1:03:02	4:32	18	12:55	24	12:55	136.90	9:42:09	4:15	7	1:25:14	15	1:25:14
Hohe Sonne	19.70	1:19:20	4:01	13	11:50	20	11:50	156.60	11:01:29	4:13	7	1:37:04	15	1:37:04
Hörschel	14.70	1:02:21	4:14	12	8:23	13	8:23	171.30	12:03:50	4:13	7	1:45:27	8	1:45:27