



# 15. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 22.06.2013

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Quarksahne Team Frauen

□□□: 16:50:43

□□: 15

□□: - km/h  
□□□□: 5:54 min/km

Enduro E Bike

□□□□□: 209 (of 236)

□□□□□□: 10:18:23

□□□□:

□□□□□: 10(of 16)

Frauenstaffel

□□□□□□□: 12:19:46

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□□□□

□□□

| □□□               | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□□□ | □□<br>□□□ | □□□    | □□□      | □□□  | □□<br>- | □□<br>- | □□<br>□□□ | □□<br>□□□ |
|-------------------|----------|----------|--------------|---------|---------|-----------|-----------|--------|----------|------|---------|---------|-----------|-----------|
| Grumbach          | 17.20    | 1:33:38  | 5:26         | 7       | 22:03   | 171       | 31:00     | 17.20  | 1:33:38  | 5:26 | 11      | 22:03   | 237       | 30:58     |
| Schildwiese       | 20.10    | 1:35:40  | 4:45         | 3       | 9:35    | 103       | 29:18     | 37.30  | 3:09:18  | 5:04 | 11      | 31:38   | 84        | 56:44     |
| Neuhaus           | 15.50    | 1:43:27  | 6:40         | 14      | 31:13   | 214       | 44:25     | 52.80  | 4:52:45  | 5:32 | 11      | 1:02:51 | 237       | 1:41:09   |
| Masserberg        | 19.80    | 1:26:54  | 4:23         | 3       | 10:21   | 79        | 23:37     | 72.60  | 6:19:39  | 5:13 | 11      | 1:13:12 | 237       | 2:04:40   |
| Allzunah          | 16.80    | 2:03:45  | 7:21         | 16      | 42:21   | 229       | 1:16:45   | 89.40  | 8:23:24  | 5:37 | 11      | 1:55:33 | 237       | 3:02:13   |
| Grenzdler         | 19.80    | 2:10:01  | 6:33         | 14      | 43:12   | 226       | 58:12     | 109.20 | 10:33:25 | 5:48 | 11      | 2:38:45 | 237       | 3:58:24   |
| Neue Ausspanne    | 13.80    | 1:16:47  | 5:33         | 8       | 18:03   | 146       | 26:33     | 123.00 | 11:50:12 | 5:46 | 11      | 2:56:48 | 237       | 4:24:39   |
| Kleiner Inselsber | 13.90    | 1:30:36  | 6:31         | 15      | 29:45   | 213       | 40:29     | 136.90 | 13:20:48 | 5:50 | 11      | 3:26:33 | 237       | 5:03:53   |
| Hohe Sonne        | 19.70    | 1:50:28  | 5:36         | 10      | 29:45   | 197       | 42:58     | 156.60 | 15:11:16 | 5:49 | 11      | 3:56:18 | 237       | 5:46:51   |
| Hörschel          | 14.70    | 1:39:27  | 6:45         | 14      | 34:39   | 215       | 45:29     | -      | 16:50:43 | -    | 10      | 4:30:57 | 209       | 6:32:20   |