



# 15. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 22.06.2013

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Annakram: laufend helfen

□□□: 17:47:31

□□: 221

□□: - km/h  
□□□□: 6:14 min/km

Enduro E Bike

□□□□□: 233 (of 236)

□□□□□□: 10:18:23

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□□□□□: 156(of 156)

Männerstaffel

□□□□□□□: 10:18:23

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	km	□□	min/km	-	-	□□□	□□□	km	□□	min/km	-	-	□□□	□□□
Grumbach	17.20	1:53:56	6:37	155	51:18	231	51:18	17.20	1:53:56	6:37	150	51:16	222	51:16
Schildwiese	20.10	2:20:04	6:58	154	1:12:08	231	1:13:42	37.30	4:14:00	6:48	150	2:01:26	222	2:01:26
Neuhaus	15.50	1:20:29	5:11	54	21:27	70	21:27	52.80	5:34:29	6:20	150	2:22:53	222	2:22:53
Masserberg	19.80	2:24:29	7:17	155	1:21:12	235	1:21:12	72.60	7:58:58	6:35	150	3:43:59	222	3:43:59
Allzunah	16.80	1:45:59	6:18	125	58:59	177	58:59	89.40	9:44:57	6:32	150	4:23:46	222	4:23:46
Grenzadler	19.80	1:51:41	5:38	131	37:51	188	39:52	109.20	11:36:38	6:22	150	5:01:37	222	5:01:37
Neue Ausspanne	13.80	1:06:30	4:49	46	16:16	54	16:16	123.00	12:43:08	6:12	150	5:17:35	222	5:17:35
Kleiner Inselsber	13.90	1:12:24	5:12	71	22:17	87	22:17	136.90	13:55:32	6:06	150	5:38:37	222	5:38:37
Hohe Sonne	19.70	2:04:07	6:18	156	56:37	230	56:37	156.60	15:59:39	6:07	150	6:35:14	222	6:35:14
Hörschel	14.70	1:47:52	7:20	153	53:54	230	53:54	-	17:47:31	-	156	7:29:08	233	7:29:08