



# 15. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 22.06.2013

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weishaupt Brenner Heizsysteme Solar□□□: 16:41:19

□□: 170

□□: 10.25 km/h  
 □□□□: 5:51 min/km

□□: 171.30 km

Blankenstein-Hörschel

□□□□□: 205 (of 236)

□□□□□□: 10:18:23

□□□□:

Männerstaffel

□□□□□: 148(of 156)

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	km	□□	min/km	-	-	□□□	□□□	km	□□	min/km	-	-	□□□	□□□
Grumbach	17.20	1:36:05	5:35	132	33:27	184	33:27	17.20	1:36:05	5:35	152	33:25	224	33:25
Schildwiese	20.10	1:37:19	4:50	88	29:23	118	30:57	37.30	3:13:24	5:11	152	1:00:50	224	1:00:50
Neuhaus	15.50	1:52:30	7:15	154	53:28	231	53:28	52.80	5:05:54	5:47	152	1:54:18	224	1:54:18
Masserberg	19.80	1:23:12	4:12	38	19:55	48	19:55	72.60	6:29:06	5:21	152	2:14:07	224	2:14:07
Allzunah	16.80	1:50:06	6:33	139	1:03:06	203	1:03:06	89.40	8:19:12	5:35	152	2:58:01	224	2:58:01
Grenzdler	19.80	2:03:58	6:15	149	50:08	221	52:09	109.20	10:23:10	5:42	152	3:48:09	224	3:48:09
Neue Ausspanne	13.80	1:32:01	6:40	155	41:47	222	41:47	123.00	11:55:11	5:48	152	4:29:38	224	4:29:38
Kleiner Inselsber	13.90	1:27:25	6:17	142	37:18	199	37:18	136.90	13:22:36	5:51	152	5:05:41	224	5:05:41
Hohe Sonne	19.70	1:56:54	5:56	149	49:24	219	49:24	156.60	15:19:30	5:52	152	5:55:05	224	5:55:05
Hörschel	14.70	1:21:49	5:33	95	27:51	120	27:51	171.30	16:41:19	5:50	148	6:22:56	205	6:22:56