



15. Rennsteig-Staffellauf

Blankenstein bis Hirschel / 22.06.2013

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Gotano Harmonists

□□□: 13:39:56

□□: 217

□□: 12.51 km/h
□□□□: 4:47 min/km

□□: 171.30 km

Blankenstein-Hirschel

□□□□□: 40 (of 236)

□□□□□□: 10:18:23

□□□□:

□□□□□: 31(of 156)

Männerstaffel

□□□□□□□: 10:18:23

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| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □□□ | □□ □□□ |
|-------------------|----------|----------|--------------|---------|---------|-----------|-----------|--------|----------|------|---------|---------|-----------|-----------|
| Grumbach | 17.20 | 1:28:03 | 5:07 | 94 | 25:25 | 126 | 25:25 | 17.20 | 1:28:03 | 5:07 | 28 | 25:23 | 49 | 25:23 |
| Schildwiese | 20.10 | 1:31:13 | 4:32 | 60 | 23:17 | 80 | 24:51 | 37.30 | 2:59:16 | 4:48 | 28 | 46:42 | 49 | 46:42 |
| Neuhaus | 15.50 | 1:13:03 | 4:42 | 19 | 14:01 | 24 | 14:01 | 52.80 | 4:12:19 | 4:46 | 28 | 1:00:43 | 49 | 1:00:43 |
| Masserberg | 19.80 | 1:22:32 | 4:10 | 33 | 19:15 | 42 | 19:15 | 72.60 | 5:34:51 | 4:36 | 28 | 1:19:52 | 49 | 1:19:52 |
| Allzunah | 16.80 | 1:25:16 | 5:04 | 33 | 38:16 | 41 | 38:16 | 89.40 | 7:00:07 | 4:41 | 28 | 1:38:56 | 49 | 1:38:56 |
| Grenzdler | 19.80 | 1:38:22 | 4:58 | 73 | 24:32 | 102 | 26:33 | 109.20 | 8:38:29 | 4:44 | 28 | 2:03:28 | 49 | 2:03:28 |
| Neue Ausspanne | 13.80 | 1:16:10 | 5:31 | 108 | 25:56 | 137 | 25:56 | 123.00 | 9:54:39 | 4:50 | 28 | 2:29:06 | 49 | 2:29:06 |
| Kleiner Inselsber | 13.90 | 1:05:54 | 4:44 | 26 | 15:47 | 32 | 15:47 | 136.90 | 11:00:33 | 4:49 | 28 | 2:43:38 | 49 | 2:43:38 |
| Hohe Sonne | 19.70 | 1:23:24 | 4:14 | 17 | 15:54 | 27 | 15:54 | 156.60 | 12:23:57 | 4:45 | 28 | 2:59:32 | 49 | 2:59:32 |
| Hirschel | 14.70 | 1:15:59 | 5:10 | 66 | 22:01 | 82 | 22:01 | 171.30 | 13:39:56 | 4:47 | 31 | 3:21:33 | 40 | 3:21:33 |