



15. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 22.06.2013

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Landeskommando Thüringen / Logistikkommando Erfurt

□□: 249

□□: 171.30 km

Blankenstein-Hörschel

□□□□:

Männerstaffel

□□: 12.52 km/h

□□□□: 4:47 min/km

□□□□□: 43 (of 236)

□□□□□□: 10:18:23

□□□□□: 34(of 156)

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
Grumbach	17.20	1:24:29	4:54	70	21:51	90	21:51	17.20	1:24:29	4:54	32	21:49	53	21:49
Schildwiese	20.10	1:30:07	4:29	53	22:11	73	23:45	37.30	2:54:36	4:40	32	42:02	53	42:02
Neuhaus	15.50	1:15:33	4:52	29	16:31	37	16:31	52.80	4:10:09	4:44	32	58:33	53	58:33
Masserberg	19.80	1:13:50	3:43	9	10:33	14	10:33	72.60	5:23:59	4:27	32	1:09:00	53	1:09:00
Allzunah	16.80	1:33:15	5:33	81	46:15	108	46:15	89.40	6:57:14	4:40	32	1:36:03	53	1:36:03
Grenzadler	19.80	1:44:56	5:17	106	31:06	146	33:07	109.20	8:42:10	4:46	32	2:07:09	53	2:07:09
Neue Ausspanne	13.80	1:12:46	5:16	88	22:32	105	22:32	123.00	9:54:56	4:50	32	2:29:23	53	2:29:23
Kleiner Inselsber	13.90	1:07:04	4:49	32	16:57	41	16:57	136.90	11:02:00	4:50	32	2:45:05	53	2:45:05
Hohe Sonne	19.70	1:25:19	4:19	24	17:49	36	17:49	156.60	12:27:19	4:46	32	3:02:54	53	3:02:54
Hörschel	14.70	1:13:27	4:59	52	19:29	61	19:29	171.30	13:40:46	4:47	34	3:22:23	43	3:22:23