



15. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 22.06.2013

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Laufteam wta

□□□: 14:33:50

□□: 102

□□: 11.74 km/h

□□□□: 5:06 min/km

□□: 171.30 km

Blankenstein-Hörschel

□□□□□: 88 (of 236)

□□□□□□: 10:18:23

□□□□:

□□□□□: 70(of 156)

Männerstaffel

□□□□□□□: 10:18:23

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.20	1:28:22	5:08	98	25:44	131	25:44	17.20	1:28:22	5:08	68	25:42	99	25:42
Schildwiese	20.10	1:43:30	5:08	113	35:34	160	37:08	37.30	3:11:52	5:08	68	59:18	99	59:18
Neuhaus	15.50	1:37:25	6:17	134	38:23	184	38:23	52.80	4:49:17	5:28	68	1:37:41	99	1:37:41
Masserberg	19.80	1:31:54	4:38	94	28:37	122	28:37	72.60	6:21:11	5:15	68	2:06:12	99	2:06:12
Allzunah	16.80	1:26:01	5:07	37	39:01	45	39:01	89.40	7:47:12	5:13	68	2:26:01	99	2:26:01
Grenzdler	19.80	1:22:23	4:09	12	8:33	18	10:34	109.20	9:09:35	5:01	68	2:34:34	99	2:34:34
Neue Ausspanne	13.80	1:29:44	6:30	151	39:30	216	39:30	123.00	10:39:19	5:11	68	3:13:46	99	3:13:46
Kleiner Inselsber	13.90	1:11:53	5:10	69	21:46	82	21:46	136.90	11:51:12	5:11	68	3:34:17	99	3:34:17
Hohe Sonne	19.70	1:37:29	4:56	85	29:59	113	29:59	156.60	13:28:41	5:09	68	4:04:16	99	4:04:16
Hörschel	14.70	1:05:09	4:25	17	11:11	20	11:11	171.30	14:33:50	5:06	70	4:15:27	88	4:15:27