



10. SKS Bilstein Bike Marathon/ Hessische MTB-Meisterschaften XCM

Großalmerode / 30.06.2013

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Rose, Ulrich

□□□: 3:31:37

□□: Focus Rapiro Racing

□□: 23.82 km/h

□□: 2057

□□: 84.40 km

□□□□□/□□□: 7 (of 78)

Marathonstrecke mittel

□□□□□/□: 7 (of 72)

□□□□□□: 3:21:41

□□□□:

□□□□□: 4(of 22)

Masters 1

□□□□□□□: 3:21:41

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	50:18	23.86	2	1:17	3	1:17	20.20	50:18	23.86	18			43
Roßbach	4.80	11:50	20.28	4	0:15	4	0:15	25.00	1:02:08	24.14	18			37
Bilsteinturm	8.20	24:46	19.38	2	0:35	2	0:35	33.20	1:26:54	22.78	18			43
Runde	9.00	12:35	42.91	2	0:06	2	0:06	42.20	1:39:29	25.33	18			43
Vielarmiger Weg	20.20	53:34	22.40	3	0:24	5	10:27	62.40	2:33:03	24.31	18			41
Roßbach	4.80	12:51	18.68	4	0:45	8	0:45	67.20	2:45:54	24.23	18			39
Bilsteinturm	8.20	32:05	14.96	9	6:40	18	6:40	75.40	3:17:59	22.73	18			39
□□	9.00	13:38	39.61	10	1:20	17	1:20	84.40	3:31:37	23.82	4	9:56	7	9:56