



10. SKS Bilstein Bike Marathon/ Hessische MTB-Meisterschaften XCM

Großalmerode / 30.06.2013

□□□□

Fuchs, Waldemar

□□□: 3:45:13

□□: Team Langenberg Marathon

□□: 22.49 km/h

□□: 2039

□□: 84.40 km

□□□□□/□□□: 13 (of 78)

Marathonstrecke mittel

□□□□□/□: 13 (of 72)

□□□□□□: 3:21:41

□□□□:

□□□□□: 8(of 22)

Masters 1

□□□□□□□: 3:21:41

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	55:52	21.69	6	6:51	13	6:51	20.20	55:52	21.69	14			46
Roßbach	4.80	12:53	22.35	8	1:18	16	1:18	25.00	1:08:45	21.82	14			46
Bilsteinturm	8.20	27:09	18.12	7	2:58	13	2:58	33.20	1:35:54	20.77	14			46
Runde	9.00	13:24	40.30	8	0:55	15	0:55	42.20	1:49:18	23.17	14			46
Vielarmiger Weg	20.20	59:34	20.35	7	6:24	14	16:27	62.40	2:48:52	22.17	14			47
Roßbach	4.80	13:23	21.52	7	1:17	13	1:17	67.20	3:02:15	22.12	14			45
Bilsteinturm	8.20	29:35	16.63	5	4:10	10	4:10	75.40	3:31:50	21.36	14			45
□□	9.00	13:23	40.35	7	1:05	13	1:05	84.40	3:45:13	22.49	8	23:32	13	23:32