



10. SKS Bilstein Bike Marathon/ Hessische MTB-Meisterschaften XCM
Großalmerode / 30.06.2013

0000

Den Hollander, Bernd

000: 3:58:32

00: Craft-Rocky Mountain Team

00: 21.23 km/h

00: 2068

00: 84.40 km

00000/000: 18 (of 78)

Marathonstrecke mittel

00000/0: 18 (of 72)

000000: 3:21:41

0000:

00000: 10(of 22)

Masters 1

0000000: 3:21:41

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
Vielarmiger Weg	20.20	59:03	20.52	9	10:02	17	10:02	20.20	59:03	20.52	1	-	66	
Roßbach	4.80	13:05	22.01	10	1:30	20	1:30	25.00	1:12:08	20.79	1	-	66	
Bilsteinturm	8.20	29:21	16.76	10	5:10	22	5:10	33.20	1:41:29	19.63	1	-	66	
Runde	9.00	13:51	38.99	11	1:22	19	1:22	42.20	1:55:20	21.95	1	-	66	
Vielarmiger Weg	20.20	1:02:58	19.25	10	9:48	18	19:51	62.40	2:58:18	21.00	12		52	
Roßbach	4.80	13:56	20.67	10	1:50	19	1:50	67.20	3:12:14	20.97	12		50	
Bilsteinturm	8.20	32:18	15.23	10	6:53	19	6:53	75.40	3:44:32	20.15	12		50	
00	9.00	14:00	38.57	11	1:42	20	1:42	84.40	3:58:32	21.23	10	36:51	18	36:51