



10. SKS Bilstein Bike Marathon/ Hessische MTB-Meisterschaften XCM
Großalmerode / 30.06.2013

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Münch, Michael

□□□: 4:17:14

□□: Kassel

□□: 19.69 km/h

□□: 2067

□□: 84.40 km

□□□□□/□□□: 26 (of 78)

Marathonstrecke mittel

□□□□□/□: 26 (of 72)

□□□□□□: 3:21:41

□□□□:

□□□□□: 12(of 22)

Masters 1

□□□□□□□: 3:21:41

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	1:01:35	19.68	12	12:34	26	12:34	20.20	1:01:35	19.68	10	2:32	58	
Roßbach	4.80	13:47	20.89	13	2:12	30	2:12	25.00	1:15:22	19.90	10	3:14	58	
Bilsteinturm	8.20	32:53	14.96	14	8:42	35	8:42	33.20	1:48:15	18.40	10	6:46	58	
Runde	9.00	13:43	39.37	10	1:14	18	1:14	42.20	2:01:58	20.76	10	6:38	58	
Vielarmiger Weg	20.20	1:11:06	17.05	12	17:56	29	27:59	62.40	3:13:04	19.39	10	2:03	60	
Roßbach	4.80	14:18	20.14	11	2:12	23	2:12	67.20	3:27:22	19.44	10	2:02	58	
Bilsteinturm	8.20	36:16	13.57	12	10:51	31	10:51	75.40	4:03:38	18.57	10	4:46	58	
□□	9.00	13:36	39.71	8	1:18	15	1:18	84.40	4:17:14	19.69	12	55:33	26	55:33