



10. SKS Bilstein Bike Marathon/ Hessische MTB-Meisterschaften XCM

Großalmerode / 30.06.2013

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Krug, Harald

000: 4:28:09

00: Kaufungen

00: 18.88 km/h

00: 2052

00: 84.40 km

00000/000: 32 (of 78)

Marathonstrecke mittel

00000/0: 31 (of 72)

000000: 3:21:41

0000:

00000: 9(of 29)

Masters 2

0000000: 3:28:22

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|-----------------|-------|---------|-------|----|-------|----|-------|-------|---------|-------|----|-------|----|---------|
| | km | 00 | km/h | - | - | 0 | 0 | km | 00 | km/h | - | - | 0 | 0 |
| Vielarmiger Weg | 20.20 | 1:01:44 | 19.63 | 8 | 9:55 | 27 | 12:43 | 20.20 | 1:01:44 | 19.63 | 18 | | | 17 |
| Roßbach | 4.80 | 14:11 | 20.31 | 12 | 2:11 | 36 | 2:36 | 25.00 | 1:15:55 | 19.76 | 18 | | | 17 |
| Bilsteinturm | 8.20 | 31:52 | 15.44 | 10 | 6:19 | 30 | 7:41 | 33.20 | 1:47:47 | 18.48 | 18 | | | 17 |
| Runde | 9.00 | 14:55 | 36.20 | 10 | 2:15 | 31 | 2:26 | 42.20 | 2:02:42 | 20.64 | 18 | | | 17 |
| Vielarmiger Weg | 20.20 | 1:13:27 | 16.50 | 11 | 30:20 | 32 | 30:20 | 62.40 | 3:16:09 | 19.09 | 18 | | | 65 |
| Roßbach | 4.80 | 16:43 | 17.23 | 17 | 4:15 | 45 | 4:37 | 67.20 | 3:32:52 | 18.94 | 18 | | | 63 |
| Bilsteinturm | 8.20 | 39:50 | 12.35 | 15 | 13:13 | 44 | 14:25 | 75.40 | 4:12:42 | 17.90 | 18 | | | 63 |
| 00 | 9.00 | 15:27 | 34.95 | 14 | 3:04 | 41 | 3:09 | 84.40 | 4:28:09 | 18.88 | 9 | 59:47 | 31 | 1:06:28 |