



# 10. SKS Bilstein Bike Marathon/ Hessische MTB-Meisterschaften XCM

Großalmerode / 30.06.2013

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Heidenreich, Jens

□□□: 4:33:26

□□: Team Jensenbike

□□: 18.52 km/h

□□: 2035

□□: 84.40 km

□□□□□/□□□: 33 (of 78)

Marathonstrecke mittel

□□□□□/□: 32 (of 72)

□□□□□□: 3:21:41

□□□□:

□□□□□: 10(of 29)

Masters 2

□□□□□□□: 3:28:22

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	1:11:24	16.97	17	19:35	47	22:23	20.20	1:11:24	16.97	17	6:34	16	2:44
Roßbach	4.80	15:06	19.07	16	3:06	47	3:31	25.00	1:26:30	17.34	17	7:55	16	3:06
Bilsteinturm	8.20	33:33	14.66	14	8:00	39	9:22	33.20	2:00:03	16.59	17	8:22	16	2:11
Runde	9.00	15:25	35.03	18	2:45	45	2:56	42.20	2:15:28	18.69	17	9:37	16	1:44
Vielarmiger Weg	20.20	1:13:14	16.55	10	30:07	31	30:07	62.40	3:28:42	17.94	17		18	
Roßbach	4.80	15:21	18.76	9	2:53	32	3:15	67.20	3:44:03	18.00	17		64	
Bilsteinturm	8.20	34:20	14.33	7	7:43	25	8:55	75.40	4:18:23	17.51	17		64	
□□	9.00	15:03	35.88	10	2:40	33	2:45	84.40	4:33:26	18.52	10	1:05:04	32	1:11:45