



10. SKS Bilstein Bike Marathon/ Hessische MTB-Meisterschaften XCM  
Großalmerode / 30.06.2013

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Schäfer, Gerrit

□□□: 4:34:26

□□: EGF Bunstruht Racing

□□: 18.37 km/h

□□: 2010

□□: 84.40 km

□□□□□/□□□: 34 (of 78)

Marathonstrecke mittel

□□□□□/□: 33 (of 72)

□□□□□□: 3:21:41

□□□□:

□□□□□: 11(of 29)

Masters 2

□□□□□□□: 3:28:22

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	1:04:50	18.51	11	13:01	34	15:49	20.20	1:04:50	18.51	1	-	15	
Roßbach	4.80	13:45	17.45	10	1:45	29	2:10	25.00	1:18:35	19.09	1	-	15	
Bilsteinturm	8.20	33:06	14.50	12	7:33	37	8:55	33.20	1:51:41	17.73	1	-	15	
Runde	9.00	14:10	38.12	5	1:30	22	1:41	42.20	2:05:51	20.02	1	-	15	
Vielarmiger Weg	20.20	1:17:00	15.58	12	33:53	39	33:53	62.40	3:22:51	18.34	16		17	
Roßbach	4.80	16:29	14.56	14	4:01	42	4:23	67.20	3:39:20	18.33	16		17	
Bilsteinturm	8.20	41:01	11.70	17	14:24	47	15:36	75.40	4:20:21	17.28	16		17	
□□	9.00	14:05	38.34	5	1:42	21	1:47	84.40	4:34:26	18.37	11	1:06:04	33	1:12:45