



# 10. SKS Bilstein Bike Marathon/ Hessische MTB-Meisterschaften XCM

Großalmerode / 30.06.2013

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Lorscheider-Brinkmann, Alois

□□□: 4:39:50

□□: funbiker TSV Heiligenrode

□□: 18.01 km/h

□□: 2014

□□: 84.40 km

□□□□□/□□□: 40 (of 78)

Marathonstrecke mittel

□□□□□/□: 38 (of 72)

□□□□□□: 3:21:41

□□□□:

□□□□□: 7(of 12)

Masters 3

□□□□□□□: 3:56:04

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	1:08:40	17.48	6	9:12	40	19:39	20.20	1:08:40	17.48	8	-	1	-
Roßbach	4.80	14:44	16.29	6	2:02	42	3:09	25.00	1:23:24	17.99	8	-	1	-
Bilsteinturm	8.20	34:28	13.93	6	5:12	42	10:17	33.20	1:57:52	16.80	8	-	1	-
Runde	9.00	15:52	34.03	7	2:23	50	3:23	42.20	2:13:44	18.84	8	-	1	-
Vielarmiger Weg	20.20	1:16:24	15.71	7	12:52	38	33:17	62.40	3:30:08	17.70	7	31:41	12	
Roßbach	4.80	15:47	15.21	7	2:31	38	3:41	67.20	3:45:55	17.79	7	34:12	6	
Bilsteinturm	8.20	38:24	12.50	7	7:08	38	12:59	75.40	4:24:19	17.03	7	41:20	6	
□□	9.00	15:31	34.80	7	2:26	43	3:13	84.40	4:39:50	18.01	7	43:46	38	1:18:09