



10. SKS Bilstein Bike Marathon/ Hessische MTB-Meisterschaften XCM

Großalmerode / 30.06.2013

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Urban, Rene

□□□: 4:42:14

□□: Lengfeld

□□: 17.94 km/h

□□: 2026

□□: 84.40 km

□□□□□/□□□: 41 (of 78)

Marathonstrecke mittel

□□□□□/□: 39 (of 72)

□□□□□□: 3:21:41

□□□□:

□□□□□: 15(of 22)

Masters 1

□□□□□□□: 3:21:41

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	1:08:33	17.68	16	19:32	39	19:32	20.20	1:08:33	17.68	7	9:30	9	
Roßbach	4.80	14:13	20.26	15	2:38	38	2:38	25.00	1:22:46	18.12	7	10:38	9	
Bilsteinturm	8.20	34:18	14.34	17	10:07	41	10:07	33.20	1:57:04	17.02	7	15:35	9	
Runde	9.00	16:58	31.83	22	4:29	59	4:29	42.20	2:14:02	18.89	7	18:42	9	0:18
Vielarmiger Weg	20.20	1:19:07	15.32	16	25:57	46	36:00	62.40	3:33:09	17.57	7	22:08	11	
Roßbach	4.80	15:09	19.01	13	3:03	31	3:03	67.20	3:48:18	17.66	7	22:58	7	
Bilsteinturm	8.20	39:21	12.50	16	13:56	42	13:56	75.40	4:27:39	16.90	7	28:47	7	
□□	9.00	14:35	37.03	12	2:17	26	2:17	84.40	4:42:14	17.94	15	1:20:33	39	1:20:33