



10. SKS Bilstein Bike Marathon/ Hessische MTB-Meisterschaften XCM

Großalmerode / 30.06.2013

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Hahnke, Marcus

□□□: 4:43:10

□□: Hessisch Lichtenau

□□: 17.80 km/h

□□: 2054

□□: 84.40 km

□□□□□/□□□: 42 (of 78)

Marathonstrecke mittel

□□□□□/□: 40 (of 72)

□□□□□□: 3:21:41

□□□□:

□□□□□: 16(of 22)

Masters 1

□□□□□□□: 3:21:41

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	1:12:31	16.55	21	23:30	50	23:30	20.20	1:12:31	16.55	6	13:28	8	3:51
Roßbach	4.80	14:48	16.22	19	3:13	45	3:13	25.00	1:27:19	17.18	6	15:11	8	3:55
Bilsteinturm	8.20	34:51	13.77	19	10:40	44	10:40	33.20	2:02:10	16.21	6	20:41	8	4:18
Runde	9.00	15:31	34.80	18	3:02	46	3:02	42.20	2:17:41	18.30	6	22:21	8	3:57
Vielarmiger Weg	20.20	1:16:00	15.79	15	22:50	37	32:53	62.40	3:33:41	17.41	6	22:40	1	-
Roßbach	4.80	15:38	15.35	14	3:32	35	3:32	67.20	3:49:19	17.53	6	23:59	8	
Bilsteinturm	8.20	38:06	12.60	15	12:41	36	12:41	75.40	4:27:25	16.83	6	28:33	8	
□□	9.00	15:45	34.29	17	3:27	47	3:27	84.40	4:43:10	17.80	16	1:21:29	40	1:21:29