



10. SKS Bilstein Bike Marathon/ Hessische MTB-Meisterschaften XCM

Großalmerode / 30.06.2013

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Fuchs, Nelia

□□□: 4:50:37

□□: Team Langenberg Marathon

□□: 17.43 km/h

□□: 2040

□□: 84.40 km

□□□□□/□□□: 47 (of 78)

Marathonstrecke mittel

□□□□□/□: 4 (of 6)

□□□□□□: 4:22:51

□□□□:

□□□□□: 1(of 2)

Seniorinnen 1

□□□□□□□: 4:50:37

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	1:15:47	15.99	2	0:47	5	11:22	20.20	1:15:47	15.99	1	-	4	11:22
Roßbach	4.80	14:54	19.33	1	-	3	0:37	25.00	1:30:41	16.54	1	-	4	11:59
Bilsteinturm	8.20	36:33	13.46	1	-	4	4:21	33.20	2:07:14	15.66	1	-	4	16:11
Runde	9.00	15:35	34.65	1	-	3	0:30	42.20	2:22:49	17.73	1	-	4	16:41
Vielarmiger Weg	20.20	1:19:34	15.23	2	1:39	5	8:54	62.40	3:42:23	16.84	1	-	4	24:53
Roßbach	4.80	14:50	19.42	1	-	2	0:10	67.20	3:57:13	17.00	1	-	4	24:43
Bilsteinturm	8.20	38:13	12.87	1	-	3	3:52	75.40	4:35:26	16.43	1	-	4	27:31
□□	9.00	15:11	35.57	1	-	2	0:15	84.40	4:50:37	17.43	1	-	4	27:46