



10. SKS Bilstein Bike Marathon/ Hessische MTB-Meisterschaften XCM

Großalmerode / 30.06.2013

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Vock, Mike

□□□: 4:52:35

□□: Team AKE Radsport

□□: 17.31 km/h

□□: 2029

□□: 84.40 km

□□□□□/□□□: 48 (of 78)

Marathonstrecke mittel

□□□□□/□: 44 (of 72)

□□□□□□: 3:21:41

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□□□□□: 18(of 22)

Masters 1

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	1:12:11	16.79	20	23:10	49	23:10	20.20	1:12:11	16.79	4	13:08	4	3:31
Roßbach	4.80	14:33	19.79	16	2:58	39	2:58	25.00	1:26:44	17.29	4	14:36	4	3:20
Bilsteinturm	8.20	35:16	13.95	20	11:05	49	11:05	33.20	2:02:00	16.33	4	20:31	4	4:08
Runde	9.00	14:55	36.20	14	2:26	31	2:26	42.20	2:16:55	18.49	4	21:35	4	3:11
Vielarmiger Weg	20.20	1:21:34	14.86	18	28:24	54	38:27	62.40	3:38:29	17.14	4	27:28	6	4:48
Roßbach	4.80	17:19	16.63	18	5:13	49	5:13	67.20	3:55:48	17.10	4	30:28	12	
Bilsteinturm	8.20	42:03	11.70	18	16:38	53	16:38	75.40	4:37:51	16.28	4	38:59	12	
□□	9.00	14:44	36.65	14	2:26	28	2:26	84.40	4:52:35	17.31	18	1:30:54	44	1:30:54