



10. SKS Bilstein Bike Marathon/ Hessische MTB-Meisterschaften XCM

Großalmerode / 30.06.2013

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Osmers, Jürgen

□□□: 4:52:47

□□: Witzenhausen

□□: 17.21 km/h

□□: 2075

□□: 84.40 km

□□□□□/□□□: 50 (of 78)

Marathonstrecke mittel

□□□□□/□: 45 (of 72)

□□□□□□: 3:21:41

□□□□:

□□□□□: 15(of 29)

Masters 2

□□□□□□□: 3:28:22

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	1:10:58	16.91	15	19:09	45	21:57	20.20	1:10:58	16.91	11	6:08	2	2:18
Roßbach	4.80	15:35	15.40	20	3:35	54	4:00	25.00	1:26:33	17.33	11	7:58	2	3:09
Bilsteinturm	8.20	35:11	13.64	16	9:38	46	11:00	33.20	2:01:44	16.27	11	10:03	2	3:52
Runde	9.00	15:19	35.26	17	2:39	42	2:50	42.20	2:17:03	18.39	11	11:12	2	3:19
Vielarmiger Weg	20.20	1:20:18	14.94	18	37:11	48	37:11	62.40	3:37:21	17.12	11	2:35	4	3:40
Roßbach	4.80	18:01	13.32	21	5:33	53	5:55	67.20	3:55:22	17.08	11	3:57	14	
Bilsteinturm	8.20	41:23	11.60	19	14:46	50	15:58	75.40	4:36:45	16.26	11	6:44	14	
□□	9.00	16:02	33.68	18	3:39	49	3:44	84.40	4:52:47	17.21	15	1:24:25	45	1:31:06