



10. SKS Bilstein Bike Marathon/ Hessische MTB-Meisterschaften XCM

Großalmerode / 30.06.2013

□□□□

Kunold, Frank

□□□: 4:53:25

□□: MTB-Verein Zierenberg

□□: 17.18 km/h

□□: 2049

□□: 84.40 km

□□□□□/□□□: 52 (of 78)

Marathonstrecke mittel

□□□□□/□: 48 (of 72)

□□□□□□: 3:21:41

□□□□:

□□□□□: 18(of 29)

Masters 2

□□□□□□□: 3:28:22

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	1:13:56	16.23	22	22:07	56	24:55	20.20	1:13:56	16.23	9	9:06	36	5:16
Roßbach	4.80	16:16	14.75	25	4:16	61	4:41	25.00	1:30:12	16.63	9	11:37	36	6:48
Bilsteinturm	8.20	37:29	12.81	24	11:56	59	13:18	33.20	2:07:41	15.51	9	16:00	36	9:49
Runde	9.00	15:53	34.00	20	3:13	51	3:24	42.20	2:23:34	17.55	9	17:43	36	9:50
Vielarmiger Weg	20.20	1:21:12	14.78	21	38:05	52	38:05	62.40	3:44:46	16.55	9	10:00	2	11:05
Roßbach	4.80	16:13	14.80	12	3:45	39	4:07	67.20	4:00:59	16.68	9	9:34	16	3:38
Bilsteinturm	8.20	37:19	12.86	10	10:42	33	11:54	75.40	4:38:18	16.17	9	8:17	16	
□□	9.00	15:07	35.72	11	2:44	34	2:49	84.40	4:53:25	17.18	18	1:25:03	48	1:31:44