



10. SKS Bilstein Bike Marathon/ Hessische MTB-Meisterschaften XCM

Großalmerode / 30.06.2013

□□□□

Schwarz, Horst

□□□: 4:58:13

□□: MTB-Verein Zierenberg

□□: 16.90 km/h

□□: 2050

□□: 84.40 km

□□□□□/□□□: 56 (of 78)

Marathonstrecke mittel

□□□□□/□: 51 (of 72)

□□□□□□: 3:21:41

□□□□:

□□□□□: 8(of 12)

Masters 3

□□□□□□□: 3:56:04

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	1:17:32	15.48	10	18:04	64	28:31	20.20	1:17:32	15.48	9		33	8:52
Roßbach	4.80	14:46	16.25	7	2:04	43	3:11	25.00	1:32:18	16.25	9		29	8:54
Bilsteinturm	8.20	37:37	12.76	8	8:21	60	13:26	33.20	2:09:55	15.24	9		33	12:03
Runde	9.00	15:16	35.37	5	1:47	39	2:47	42.20	2:25:11	17.36	9		33	11:27
Vielarmiger Weg	20.20	1:22:06	14.62	8	18:34	55	38:59	62.40	3:47:17	16.37	8	48:50	20	13:36
Roßbach	4.80	16:17	14.74	8	3:01	40	4:11	67.20	4:03:34	16.50	8	51:51	19	6:13
Bilsteinturm	8.20	39:39	12.11	8	8:23	43	14:14	75.40	4:43:13	15.89	8	1:00:14	19	3:58
□□	9.00	15:00	36.00	5	1:55	31	2:42	84.40	4:58:13	16.90	8	1:02:09	51	1:36:32